Misinformation, Fake News and Conspiracy Theories:

Digital Citizenship in EU in the Age of Artificial

Intelligence

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The Rise of Misinformation in the Digital Age

1 Rapid Technological Advancements

The rise of AI and social media has fueled the spread of misinformation, making it easier to create and share content.

Decline in Trust

Declining trust in traditional media and the rise of filter bubbles and echo chambers contribute to the spread of misinformation.



AI: Fueling the Misinformation Fire

1 Deepfakes

Hyperrealistic Al-generated content like deepfakes can be used to spread false information and manipulate public opinion.

AI-Powered Bots

Al-powered bots automate the spread of disinformation, amplifying its reach and making it harder to distinguish from genuine content.

Algorithmic Amplification

Algorithms designed to personalize content can inadvertently amplify misleading information, creating echo chambers and reinforcing biases.

The Impact of Misinformation

Social Impact

Misinformation can erode trust, polarize society, and lead to social unrest and violence.

Political Impact

Misinformation can be used to manipulate elections, undermine democracy, and sow discord among citizens.

Economic Impact

Misinformation can damage businesses, influence financial markets, and undermine consumer confidence.

Health Impact

The spread of harmful health misinformation can lead to people avoiding proven treatments and making dangerous choices.



A growing threat to European democracies

63%

Concern About Fake News

Surveys indicate that a large majority of younger Europeans come across fake news more than once a week

2 83%

Impact on Democracy

Many Europeans are concerned about the impact of fake news on democratic processes and the integrity of elections.

Trust in Institutions

Trust in institutions, including the media, is declining. Half the citizens think they have been exposed to disinformation online

Why We Fall for Misinformation



1

Cognitive Biases

Confirmation bias and the availability heuristic can lead people to accept information that confirms their existing beliefs.



2

Emotional Responses

Fear, anger, and distrust can make people more susceptible to believing false information.



3

Lack of Critical Thinking

A lack of critical thinking and media literacy skills makes people vulnerable to manipulation.



4

Social Pressure

Social pressure and conformity can influence people to accept information even if they know it's false.



Key findings of 2018 Greek survey



1

Lack of Critical Thinking

Only 2% of children have the critical thinking skills needed to tell whether a news story is real or fake



3

Trust the News less

Two-thirds of children (60.6%) now trust the news less because of the wave of fake news





National Curriculum does not equip

Half of teachers (53.5%) believe the national curriculum does not equip children with the literacy skills they need to identify fake news



2

Worried

Half of children (49.9%) are worried about not being able to spot fake news





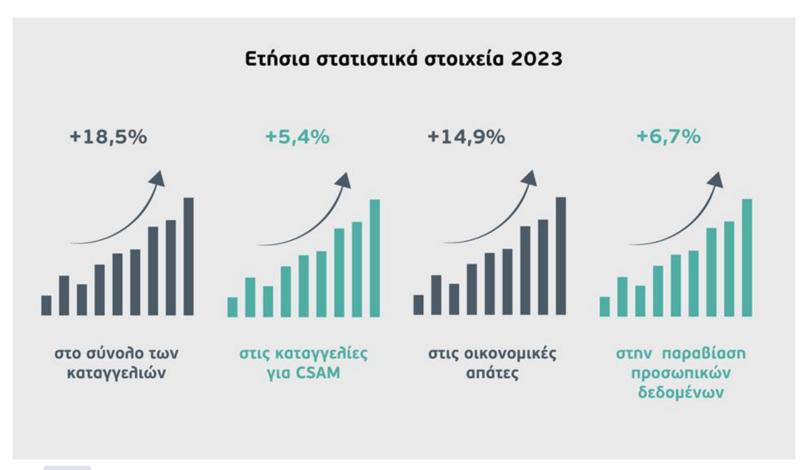
Increase of stress levels

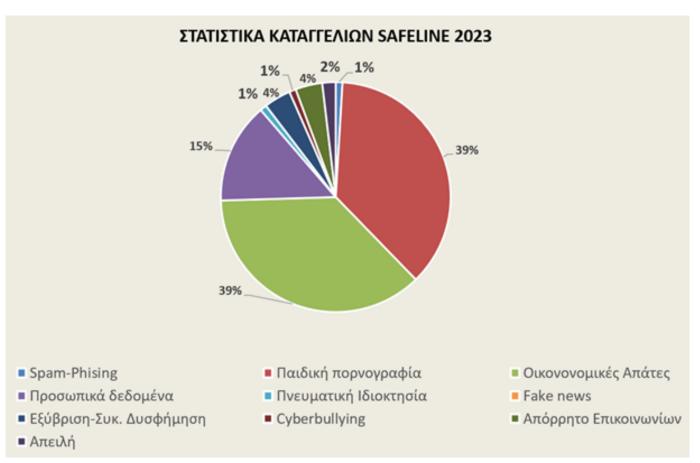
Two thirds of teachers (60.9%) believe that fake news is damaging children's wellbeing, increasing their stress levels





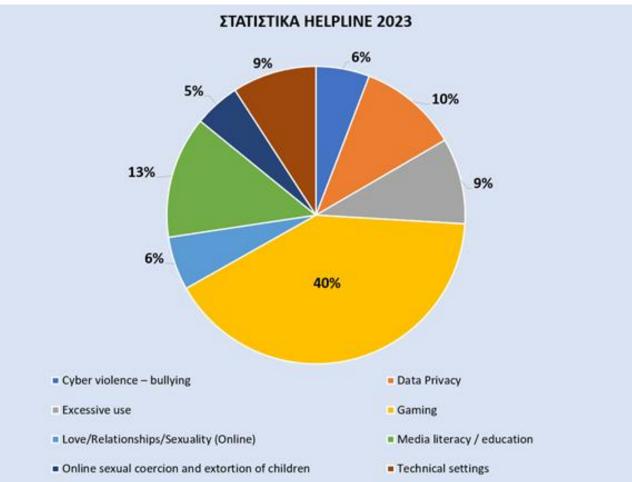
Annual statistics 2023 of the SafeLine.gr and Help-line.gr Internet Content Hotline





- 1 ✓ 18.5% increase in total complaints
- 2 ✓ 5.4% increase in complaints of child abuse and exploitation material and an increase in calls for management of such incidents
 - ✓ Increase of 14.9% in financial fraud and
- 4 ✓ 6.7% in personal data breaches
 - ✓ The main reason for contacting Help-line.gr is excessive engagement





Annual statistics 2023 of the SafeLine.gr and Help-line.gr Internet Content Hotline

- 1 ✓ The first place is shared by complaints about child sexual abuse and exploitation material and financial fraud, accounting for 78% of all complaints.
- ✓ Complaints about financial fraud increased by 14.9% and
- 3 ✓ Complaints about personal data breach by 6.7%.
 - ✓ A decrease of 50.77% is observed in the category of violation of confidentiality
 of communications.



Deepfakes: The New Face of Deceit

Creation and Use

Deepfakes are created using AI algorithms that can convincingly swap faces in videos, manipulating visual information.

Potential for Harm

Deepfakes can be used for political manipulation, blackmail, and reputational damage, undermining trust and spreading falsehoods.

Detection Challenges

Detecting deepfakes requires specialized tools and expertise, making it difficult to distinguish real from fabricated content.

EU Robust Strategy against Disinformation



Fighting Back Against the Tide of Disinformation



1 Promoting critical thinking, media literacy programs, and online safety education.

Technology

Developing Al-powered detection tools, promoting transparency in online platforms, and fostering collaboration among tech companies.

Policy

Enacting legislation to regulate online platforms, supporting independent journalism, and promoting fact-checking initiatives.

Trust

Strengthening trust in credible sources, promoting fact-checking, and encouraging open and transparent communication.

3

How do we know that a publication is accurate?



- 1 ✓ The site comes from a reliable source (official news site - Kathimerini).
- The presence of a small padlock at the beginning of the URL confirms the credibility of the website.
- 3 ✓ The publication is signed by the journalist.
- 4 ✓ The date and time of the publication are given.
- 5 ✓ The origin of the photo is indicated.
- Reference is made to statements made by credible and real people, (with a quick search on internet search this is easily verified).



-Υπάρχει προηγούμενο-, πρόσθεσε ο ίδιος.

How do we know that a publication is accurate?



- 1 ✓ it is not a professional website
- There are no basic elements at the bottom of the page (such as About us or communication)
- 3 ✓ The website name should make us suspicious (Gepeto)
- The URL of the website does not belong to the trusted ones (.gr, .com., .gov etc.)
- 5 ✓ There is no security padlock at the beginning of the URL/
- The text encourages individuals to donate to support the cause of a better future (donate now)
- The hosted article is an opinion piece, not a journalistic one
- There is no identity of the journalist, nor the date of publication
- There are spelling mistakes
- ✓ Strong encouragement for reposting
 - ✓ The request for the reader's personal information is made without providing a clear explanation of its intended use

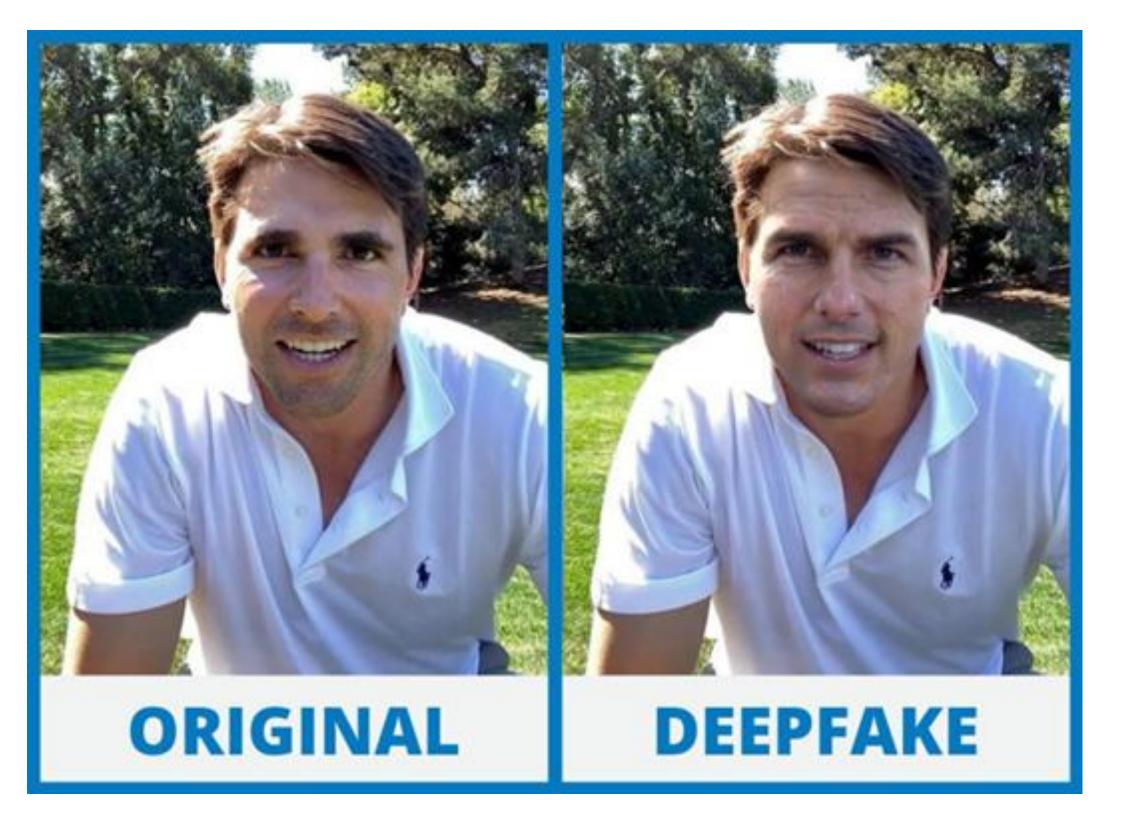






Spot the Deepfake







'Deepfake' Tom Cruise goes viral on TikTok with over 11 million views



Can you spot a deep fake from a real person?





How to spot and avoid AI scams

With advances in AI, scams are becoming more sophisticated – here's what to look out for



Some deepfake videos use lipsyncing, so watch the video carefully for lip-syncing that's slightly off.



Pay attention to details in the quality – do the hair, lighting and skin tone of the person look believable? Is there any blurring in the video?



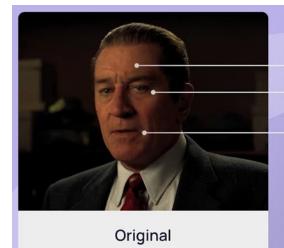
Listen out for strange background noises or robotic voices.

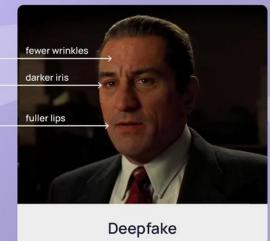


Look for unnatural expressions – it's hard to mimic natural blinking, and AI often lacks facial emotion and AI body movements can seem off.



Where does the video come from? If it's not an official account or if it's an account you've never heard of and you haven't seen the video anywhere else, be wary.







Poor lip syncing

Spot discrepancies between lip movements and speech

Inconsistent lighting

Check for irregular light and shadow patterns

Unnatural facial expressions

Look for stiff or exaggerated features

Technical tools

Consider using deepfake detection software

Contextual clues

Be wary of outof-character behavior

Artifacting and distortion

Watch for digital anomalies

Unusual skin texture

Detect overly smooth skin or lacking pores

Unnatural blinking

Notice odd eye movements, especially in lowerquality deepfakes

Inconsistent audio quality

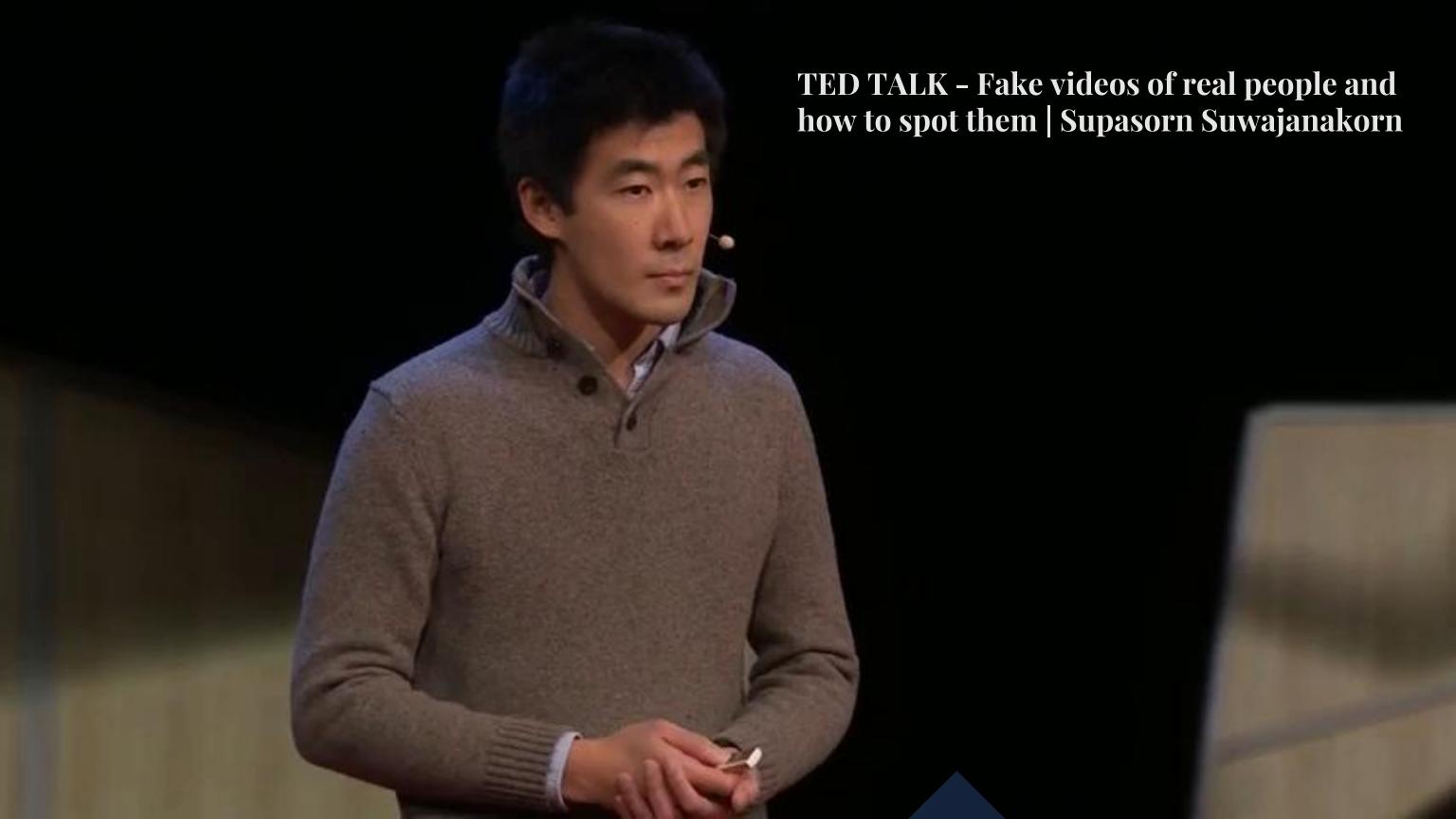
Listen for voice changes or mismatched background noise





Take the deepfake video quiz







Al-generated image: a fake image of the Pope wearing a white puffer jacket.

Al-generated image: a fake image of former President Donald Trump being arrested.

COMMON CONSPIRACY THEORIES

- The earth is flat
- Moon landings were faked and what was shown on TV was actually a Hollywood studio
- Climate change is a hoax
- Barack Obama was born in Kenya, not the US and thus was an illegitimate president and Michelle Obama is transgender whose real name is Michael
- Covid-19 was a hoax created by the Chinese as a bioweapon vaccine contained microchips to track people
- MMR (Measles, Mumps, Rubella) vaccine causes autism

WHAT IS FAKE NEWS?



What is fake news?

Have you fallen for fake news before? Take the quiz to find out what it is, how it spreads online and how to avoid it. Put your knowledge to the test!

TAKE THE QUIZ

HOW DOES FAKE NEWS SPREAD?

Watch out for the "woah" – emotion fuels fake news. When you see something that makes you feel super sad or super happy, it might be playing on your emotions to get a reaction

Beware exaggeration – words like "terrible", "worst", "amazing" or "shocking" add drama to a story and make us want to click on it

Pause before you share

Fight the 'Illusory Truth Effect' – the more you hear or see something, the more likely you are to believe it's true – even if it's not. If a story seems to be everywhere, remember that doesn't mean it's 100% fact

Check your 'filter bubble' – social media and ads are designed to suggest stories that match your browsing habits, interests and opinions, so watch out for being taken in by fake news that sounds too good to be true!



1. The 2024 Baltimore bridge collapse

• This image featuring Homer and Lisa, supposedly showing the collapse of the Baltimore bridge, went viral with more than 36m views on X. At first glance this image looks legit, but it was actually generated using AI.



2. Donald Trump becomes President of The United States

• One of the most famous 'predictions' from The Simpsons was that Donald Trump would become the President of the United States. However, this image above, which often accompanies stories about the presidential prediction is from a short episode called 'Trumptastic Voyage' which was broadcast in 2015, after Trump had already announced running for President.



3. The Notre-Dame Cathedral fire in 2019

• Another image that has been viewed almost 400,000 times on TikTok and even featured in TV news reports, is one supposedly showing The Simpsons predicting the 2019 Notre-Dame fire. However, this image has been digitally altered. In this example of fake news, Mr Burns and the flames on the cathedral were added using photo-editing software, proving that you shouldn't always believe everything you see online.

